

# Joan Wright & Associates

*committed to sensitive and competent  
caring for the community*



## Therapist Information



**Colleen Mahar, B.S.W., M.Ed., C.C.C.**

**Population Seen:** Children, Adolescents and Adults

### **Areas of Competency:**

- Attachment Issues (Child, Adolescent, Adult)
- Alcohol/Drug Intervention (Adult)
- Separation/Divorce - Impact on Child
- Child Anxiety/Phobias
- Child Mood Disorders
- Adult Anxiety/Panic Attacks
- Anger Issues (Child, Adolescent)
- Anger Issues (Adult)
- Parent Consults
- Child/Adolescent Coping Strategies
- Child/Adolescent Sexual, Physical, Emotional Abuse
- Family Therapy
- Couples Therapy (heterosexual/homosexual)
- Acute Stress Related Issues (ex: work place, relationship termination)
- Stress Management
- Personality Disorders
- Self Esteem (Child, Adolescent, Adult)
- Trauma Survivors (non-PTSD) (Child, Adolescent, Adult)
- Eating Disorders (Adolescent, Adult)