

Joan Wright & Associates

*committed to sensitive and competent
caring for the community*



Therapist Information



Eve Mills Nash M.A., M.Ed., (Counselling Psychology) C.C.C. R.T.C..

Population Seen: Adolescents, Adults, Children

Areas of Competency:

- Addictions
- Drug/Alcohol Intervention
- Anger Issues - Adults & Children
- Survivors of Sexual Trauma - Women
- Abandonment/Grief Issues - Adults, Adolescents, Children
- Separation/Divorce/Loss - children
- Self-esteem issues
- Stress management
- Culturally Sensitive Approaches for First Nations clients
- Creative therapies - life writing; storytelling; nature-based.
- Spiritual coaching
- Mediation
- Reality Therapy Certified