

Joan Wright & Associates

*committed to sensitive and competent
caring for the community*



Therapist Information



Heather Roxborough, M.A., Res. Psych.

Population Seen: Adolescents and Adults

Areas of Competency:

- Attachment Issues (Adult)
- Adult Anxiety/Panic Attacks
- Acute Stress Related Issues (ex: work place, relationship termination)
- Stress Management
- Self Esteem (adult)
- Mood Disorders (Depression, Bipolar) (Adult)