

# Joan Wright & Associates

*committed to sensitive and competent  
caring for the community*



## Therapist Information



**Kathy Wilson, M.Ed., C.C.C.**

### Areas of Competency:

- Pain Management
- Separation/Divorce - Impact on Child
- Adult Anxiety/Panic Attacks
- Anger Issues (Adult)
- Couples Therapy (heterosexual/homosexual)
- Menopause
- Acute Stress Related Issues (ex: work place, relationship termination)
- Stress Management
- Grief (Adult)
- Self Esteem (Adult)
- Immune System Disorders (eg Fibromyalgia, Chronic Fatigue)