

Joan Wright & Associates

*committed to sensitive and competent
caring for the community*



Therapist Information



Colleen Mahar, B.S.W., M.Ed., C.C.C.

Population Seen: Children, Adolescents, Adults

Areas of Competency:

- Attachment issues (child, adolescent, adult)
- Separation/divorce – impact on child
- Child anxiety/phobias
- Child mood disorders
- Adult anxiety/panic attacks
- Anger issues (child, adolescent)
- Anger issues (adult)
- Parent consults
- Child/adolescent coping strategies
- Child/adolescent sexual, physical, emotional abuse
- Family therapy
- Couples therapy (heterosexual/homosexual)
- Acute stress-related issues (ex: workplace, relationship termination)
- Stress management
- Personality disorders
- Self-esteem (child, adolescent, adult)
- Trauma survivors (non-PTSD) (child, adolescent, adult)
- Eating disorders (adolescent, adult)
- ADHD
- Child neurological disorders (autism, Asperger)
- PTSD (child)