

Joan Wright & Associates

*committed to sensitive and competent
caring for the community*



Therapist Information



Isabelle Dulac, BEd., MEd. (Curriculum & Instruction), MEd. (Counselling Psychology), CCG

Population Seen: Children, Adolescent, Adults, Families

Areas of Competency:

- Anxiety
- Separation/divorce – impact on child
- Grief/loss
- Attachment issues
- Anger issues
- Children and adolescents mood disorders
- Attention Hyperactivity Disorder (ADHD)
- Autism/Asperger's Syndrome (children)
- Trauma survivors (non-PTSD)
- Self-esteem
- Parent consults
- Depression
- Fears/phobias
- Coping strategies
- Child/adolescent – physical, sexual and emotional abuse
- Stress management
- Family therapy
- School-related issues (learning disabilities, bullying, social skills)
- Child ADHD
- Couples counselling