

# Joan Wright & Associates

*committed to sensitive and competent  
caring for the community*



## Therapist Information



**John Harvey, M.A., M.Div., L. Psych.**

**Population Seen:** Adults, Adolescents, Couples

### Areas of Competency:

- Pain management
- Attachment issues
- Elderly issues
- Alcohol/drug intervention
- Eating disorders
- Anxiety/panic attacks
- Adolescent coping strategies
- Adolescent sexual, physical, emotional abuse
- Post-Traumatic Stress Disorder (PTSD)
- Critical Incident Stress Debriefing (CISD)
- Couples therapy (heterosexual)
- Stress management
- Anger issues
- Grief
- Mood disorders (e.g. workplace, relationship termination)
- Trauma survivors (non-PTSD, e.g. adult survivor of childhood abuse)
- Men's issues
- Spiritual coach

John Harvey was born in New Brunswick and holds degrees in English Literature, Psychology and Theology from the University of New Brunswick and the University of Toronto. He is an ordained Anglican priest and licensed psychologist, with an interest in cycling, sailing, secular and sacred music and local maritime history.